

Newsletter in autumn, 28.9.2017

## Dear members

Already four months have passed since our last very interesting general assembly. I would like to thank you for all your suggestions and opinions during the General Assembly. I am sorry that we cannot do any translation into other languages during the General Assembly, this would be too expensive. I

During the summer months we had many people asking for help and wanting to become members of lifecircle. Furthermore, the percentage of members from abroad is quite high which shows that we are doing right by investing a lot of time into legalization work in other countries. Our aim is that no one from abroad has to come to Switzerland any more, for everyone can apply for an assisted voluntary death (AVD) in her/his home country. Regarding this subject, we are working on several international movie projects at the moment. They point out that AVD is a suitable way to end one's life in case of unbearable and incurable suffering. Anyway, I am convinced that all films will not bring legalisation come through, if we cannot find brave people who are willing to open a court case against their country because they cannot receive the human right of having choice in ending their life. The AVD has been legalized in Canada last year thanks to two people who were brave enough to find lawyers to open court cases against the parliament of Canada. They were brave enough to go public and establish a demand for the right to die. Also in the USA two further states have legalized AVD last year. At the moment there is a woman running a court case against the government in Australia, and two men have a court case running against the English Parliament. These court cases are expensive, the Foundation Eternal Spirit is supporting them as much as possible. Several members have also supported those two court cases financially. I would like to thank for this very much. If you search the internet by putting in the two names "Noel" and "Omid", and "assisted suicide", you will find lots of information about it.

There is quite something going on, not only in the English speaking regions, but also in France and Germany. Thursday 5. of October the film "Tod auf Rezept – Wie wollen wir sterben?" will be broadcasted on the cannel of ARTE (sorry, in German only!). Spiegel-TV has shown also my work other than with AVD and I do hope that some of our members can watch this movie.

Unfortunately, we are having quite big problems again and again also in Switzerland. For example, the state doctor of Basel City has prohibited that I do AVD's unless the illness is in a terminal stage (death to be expected within days or weeks). Such a restriction is according to the rules of the SAMW (Swiss Academy of Medical Sciences), but it is an offense towards the liberal Swiss law for AVD. We had to go to court against this chief doctor, and the case had to be taken up to the second highest court where the decision was made that this restriction



is against Swiss law so the restriction was refused. Such court cases take a lot of time and cost a lot of money. Anyway I am very glad that by this decision and our success there is no possibility for the different states of Switzerland to do such restrictions one after the other.

On the 21. of August we have organized a discussion about the topic: "Palliative Care / Starving to Death / Assisted Suicide – how we want to live and to die". There was a great interest in this topic, more than 120 people came to the conference and they took part in the discussion very intensively. I would like to do a similar conference again with the same topic, but there will be a well-known doctor from Zurich taking part in the main discussion on second of November at 18.00 (6 pm) in the hotel Engel in Liestal. This will be Dr. Albert Wettstein, a specialist in Fastening to Death. I am looking forward to be able to meet many people, not only our members. We have not been allowed to decide how we want to be born, but we must have the right to decide how we will die, this concerns us all at 100 %. I am sorry that we will not be able to translate the convention into other languages, it will be held in German only.

I do wish you all a wonderful autumn and a wintertime with some ice flowers to give you cheerfulness even in icy cold wintertime. Happiness gives you endorphins and the power to live

Dr. med. Erika Preisig General practitioner and president of the association "lifecircle" and the Eternal Spirit Foundation www.lifecircle.ch

'Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.' *Margaret Mead*